

SEPTEMBER 2024 | MOUSE

# COMPASSION

CARING ENOUGH TO DO SOMETHING  
ABOUT SOMEONE ELSE'S NEEDS



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## Compassion SEPTEMBER 2024



### SAY IT:

*Compassion: Caring enough to do something about someone else's needs*

### KNOW IT:

#### ASK A GROWN-UP:

- Share a time in your life when someone showed compassion and helped you with a need.
- How does it make you feel when you show compassion and help others when they are in need?

#### ASK A KID:

- Can you think of a time one of your friends showed you compassion and helped you?
- Who is someone you can show compassion for today?

### SEE IT:

Sometimes, compassion comes from the most unlikely source. In *The Lion's Paw*, a Little Golden Book by Jane Warner Watson, a lion asks for help when he gets a thorn in his paw. One by one, the other animals reply to the lion's need with, "Not I." Some of the animals give excuses not to help, some of them just continue on their way. When it seems like there are no animals in the jungle willing to help the poor lion, a small mouse volunteers to help. Take a few minutes to watch this read along version of this classic story. As you watch, think about which of these animals represent the same way you would respond to the lion. Discuss with an adult how you can start trying to be more like the mouse, who showed compassion by helping the lion. [https://www.youtube.com/watch?v=kDDJLAj\\_8F8](https://www.youtube.com/watch?v=kDDJLAj_8F8)

### BE IT:

Make a list of people in your family, community, or school who could use some help. Schedule a time for you and your family to reach out and offer help. Be on the lookout for more opportunities to help those around you when they are in need. Remember that compassion doesn't require great ability, it only requires availability.

# PHASE

Compassion  
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## At every age, kids need significant relationships.

The significant relationships in a child's life include parents, teachers, relatives, coaches, and spiritual leaders.

As a parent, you can encourage these relationships as a way to ensure that other trusted adults are surrounding your kids with the same messages and advice that you would.

**So don't miss it.** This year, this month, today is just a Phase!

# september 2024

COMPASSION // **MOUSE** // ROSE

**The humble house mouse** has its modern natural range in Europe and Asia, but it might have originated on the Indian subcontinent. Now it lives worldwide; it has followed humans around for more than 10,000 years.

Some people keep mice as pets. Others fear them, or at least the damage they can cause to property and stored food. They raid pantries, shred papers and insulation for bedding, and leave droppings behind. They can adapt to different living situations, move on when necessary, and reproduce quickly. A female house mouse typically has five to 10 litters per year.

House mice are excellent climbers and jumpers, and they even swim. Where they live closely with humans, their coats tend to be darker and their tails, longer. Some live in fields during the warm summer months and move into houses and barns when the weather cools.

Though small in size, mice seem to be big on empathy. Scientists have observed this trait in experiments in recent years. In a book by Marc Bekoff and Jessica Pierce, a story is told of two baby mice who became trapped in a garage sink. One aided its weaker sibling by helping it to get a drop of water and a morsel of food.

Not long ago, a video of a mouse in Bwlth Wells, Powys, Wales went viral. A retired postal worker noticed that in his shed, items he had used and left out were magically put away when he would come back to work at the same spot. With a night vision camera, he recorded his workbench overnight. Turns out a mouse was putting away items such as nuts, bolts, and cable ties neatly into a box, night after night!

**COMPASSION:** *Caring enough to do something about someone else's needs*



**House mice care for each other and thrive wherever humans live.**

# september 2024

COMPASSION // MOUSE // ROSE

Rose has been used as a color name for hundreds of years, after the iconic flower. While the flower naturally comes in almost every color except black and blue, “rose” generally describes a delicate pink or pale crimson color. As such, it symbolizes compassion, innocence, sincerity, and gentleness. It is a color of love. Darker pink roses are seen as tokens of appreciation and admiration. Designers use rose to add liveliness and warmth to their creations. Seeing the world through “rose-colored glasses” implies an optimistic outlook, and the word “rosy” means bright or happy.

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